



Colchester Road Baptist Church Ipswich

Warm Spaces

WE ARE DELIGHTED TO OFFER A NUMBER OF WARM SPACES DURING THE WEEK WHERE YOU WILL FIND A WARM WELCOME, WARM REFRESHMENTS AND WARM RELATIONSHIPS.

Tuesdays at 10:30 - 12 noon 'Coffee and chat'

THIS IS A RELAXED AND INFORMAL SPACE WHERE YOU
WILL RECEIVE A WARM WELCOME, FRIENDSHIP AND
SUPPORT. WITH BOOK AND JIGSAW LIBRARY AS WELL AS
PLENTY OF CAKE!



Wednesdays at 9 - 11:15 am 'Rainbow Toddlers'

COME AND JOIN US FOR A FUN FILLED MORNING OF SONGS, STORIES, TRIKES, TRAINS AND CONVERSATION. FOR PRE-SCHOOL CHILDREN AND THEIR GUARDIANS WITH A SUGGESTED DONATION OF £1.



Thursdays at 10 - 12 noon 'Renew 43' Wellbeing Cafe

THIS IS OUR WELLBEING CAFÉ WHERE IT'S OK NOT TO BE OK. HOBBIES AND ACTIVITIES ARE SHARED OR CO-PRODUCED WITH A QUIET ROOM OR CHRISTIAN PRAYER SPACE FOR THOSE SEEKING SPIRITUAL WELLBEING.





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FOR MORE INFORMATION PLEASE USE THE FOLLOWING:

COLCHESTER ROAD BAPTIST CHURCH,
75 COLCHESTER ROAD, IPSWICH, IP4 4ST | 01473 290115

WWW.CRBC.ORG.UK | ADMIN@CRBC.ORG.UK
WWW.TOGETHERFORIPSWICH.UK/COST-OF-LIVING/