

Free To Grow



Growing in freedom
or
Falling back

Galatians 5.1 (NIV11)

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

James 1.22-25 (NIV11)

Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like.

But whoever looks intently into the perfect law that gives freedom, and continues in it - not forgetting what they have heard, but doing it - they will be blessed in what they do.

complacency

confusion

compromise

catastrophe

We revert to will power

Galatians 3.3-4 (NLT)

How foolish can you be? After starting your new lives in the Spirit, why are you now trying to become perfect by your own human effort? Have you experienced so much for nothing? Surely it was not in vain, was it?

We get impatient

Galatians 5.7 (GNB)

You were doing so well! Who made
you stop obeying the truth?

We don't seek the support
we need

Ecclesiastes 4.9 (NLT)

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.

James 5.16 (NIV11)

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

We become overconfident

Proverbs 16.18 (NirV)

If you are proud, you will be destroyed.

If you are proud, you will fall.

1Corinthians 10.12 (NIV11)

So, if you think you are standing firm,
be careful that you don't fall!



Luke 4.42 (NIV11)

At daybreak, Jesus went out to a solitary place.

Luke 5.16 (NIV11)

But Jesus often withdrew to lonely places and prayed.

Safeguard 1

I evaluate

2Corinthians 13.5 (NLT)

Examine yourselves to see if your faith is genuine. Test yourselves.

Lamentations 3.40 (NIV11)

Let us examine our ways and test
them, and let us return to the Lord.

physical
emotional
relational
spiritual

Safeguard 2

I meditate

Psalm 1.1-3

Happy are those who... are always meditating on God's laws and thinking about ways to follow him more closely. They are like trees along a river... whose leaves do not dry up. They succeed in everything they do.

Psalm 119.11 (NIV11)

I have hidden your word in my heart
that I might not sin against you.

Safeguard 3

I pray

P – pause

R – rejoice

A – ask

Y – yield