

Free To Grow



Blessed to be a blessing

Genesis 12.1-3(NIV11)

The Lord had said to Abram, “Go from your country, your people and your father’s household to the land I will show you. I will make you into a great nation, and I will bless you;

I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you.”

To bless – to speak words that call for and bring God's favour, the aim is that the one being blessed will have favourable circumstances or state at a future time.

Genesis 25.7-11 (NIV11)

Abraham lived a hundred and seventy-five years. Then Abraham breathed his last and died at a good old age, His sons Isaac and Ishmael buried him... After Abraham's death, God blessed his son Isaac...

Genesis 26.24 (NIV11)

... the Lord appeared to him and said,
“I am the God of your father Abraham.
Do not be afraid, for I am with you; I
will bless you and will increase the
number of your descendants for the
sake of my servant Abraham.”

Genesis 27.25-29 (NIV11)

Then he said, “My son, bring me some of your game to eat, so that I may give you my blessing.” Jacob brought it to him and he ate; and he brought some wine and he drank. Then his father Isaac said to him, “Come here, my son, and kiss me.”

So he went to him and kissed him. When Isaac caught the smell of his clothes, he blessed him and said, “Ah, the smell of my son is like the smell of a field that the Lord has blessed. May God give you heaven’s dew and earth’s richness - an abundance of grain and new wine.

May nations serve you and peoples bow down to you. Be lord over your brothers, and may the sons of your mother bow down to you. May those who curse you be cursed and those who bless you be blessed.”

Genesis 27.33-38 (NIV11)

Isaac trembled violently and said,
“Who was it, then, that hunted game
and brought it to me? I ate it just before
you came and I blessed him - and
indeed he will be blessed!”

When Esau heard his father's words, he burst out with a loud and bitter cry and said to his father, "Bless me - me too, my father!"

But he said, "Your brother came deceitfully and took your blessing."

Esau said, “Isn’t he rightly named Jacob? This is the second time he has taken advantage of me: He took my birthright, and now he’s taken my blessing!” Then he asked, “Haven’t you reserved any blessing for me?”

Isaac answered Esau, “I have made him lord over you and have made all his relatives his servants, and I have sustained him with grain and new wine. So what can I possibly do for you, my son?”

Esau said to his father, “Do you have only one blessing, my father? Bless me too, my father!” Then Esau wept aloud.

Blessing #1
Meaningful and
appropriate touch

Blessing #2

A spoken message

Blessing #3

Attach high value to the
one being blessed

Blessing #4

Picturing a special,
specific future

Blessing #5

Making an active
commitment to fulfil
the blessing

Proverbs 18.21 (NIV11)

The tongue has the power of life and death.

Mark 10.13-16 (NIV11)

People were bringing little children to Jesus for him to place his hands on them, but the disciples rebuked them. When Jesus saw this, he was indignant.

He said to them, “Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.”

And he took the children in his arms,
placed his hands on them and blessed
them.